girls inc. of Bay County

GIRLS INC. GIRLS ARE

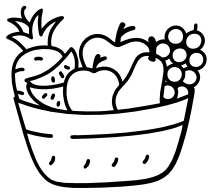
STRONG, SMART & BOLD

Girls Inc. of Bay County is dedicated to making a measurable difference in the lives of girls, and has developed the Girls Inc. Strong, Smart, and Bold Outcomes Survey to measure indicators of girl success in a network-wide survey each year. In 2025, over 6,300 girls ages 9 and up, across 75 affiliate organizations, participated. Selected results are below.

GIRLS INC. OF BAY COUNTY PARTICIPANTS VALUE HEALTHY & ACTIVE LIVES

70%
of participants exercised for 3 or more days in the last week





83%
of participants ate at least one serving of fruit in the past 24 hours prior to the survey

79%
of participants ate breakfast the morning of the survey



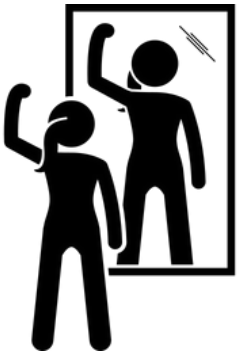
MENTAL HEALTH

70%
of participants said they would talk to their parents or someone else if they were feeling sad, stressed, or depressed.



THEY LEARN TO LOVE & CARE FOR THEMSELVES

75%
of participants are happy with their bodies





82%
of participants said their mental health was good some or most of the time over the past 30 days

UNITED WAY Affiliated Agency