

Parent Resources

2-1-1

Do you need help with food, housing, medications, disaster assistance, mental health or something else? United Way of Northwest Florida participates in the statewide 2-1-1 information and referral system. If you need any kind of help or assistance simply call 2-1-1 for a referral or visit their website at:

<http://unitedwaynwfl.org/>

Life Management Center

Life Management Center provides comprehensive behavioral health and family counseling services. They offer objective, professional help with personal problems ranging from family life adjustment difficulties to stress reactions, suicide prevention, substance abuse and mental illness.

<http://lmccares.org/>

24-Hour Crisis Line: 850.522.4485 Toll-Free: 888.785.8750

Anchorage Children's Home

Anchorage Children's Home provides a variety of family counseling and parent support programs in addition to the youth emergency shelters and residential programs. Many of the counseling programs are free of charge and can be provided in home, at school, or in their offices.

<http://www.anchoragechildrenshome.org/>

850.763.7102

Gulf Coast Children's Advocacy Center

The CAC's mission is to protect and enhance the quality of life for victims of sexual violence and child abuse in our community by providing a trauma sensitive, specialized approach to assess, identify, treat and prevent sexual assault and child abuse through the coordination of community resources.

<http://www.gulfcoastcac.org/default.aspx>

850.872.7760

Bay District Schools

The school district offers a wealth of information and assistance for parents and students. Parents are encouraged to reach out the district Parent Liaisons if they need assistance and to utilize the Parent Portal to keep up with their child's academic life. To access all the information the school district has to offer to go their website at:

<http://www.bay.k12.fl.us/Parents/InformationforParents.aspx>

Early Learning Coalition (ELC)

ELC provides financial assistance to eligible families for daycare and afterschool programs. To learn more visit their website at:

<http://www.elcnwf.org/>

Health Department of Bay County

Are you looking for information regarding immunizations, flu shots, WIC, diabetes management, family planning, nutrition, and other health related issues? Contact your local Health Department.

<http://bay.floridahealth.gov/index.html>